

Athletic mouthguards should be worn by athletes of all ages when participating in contact sports or sports where objects that could cause injury are used. Every dentist occasionally sees a patient with one or more front teeth broken or completely knocked out due to trauma received in an athletic event. The sad truth is that these injuries change the oral environment for life and are mostly avoidable. Professionally made mouthguards are custom fitted and made in a variety of colors to match any personal preference or school colors. Call us if you are involved in sports and would like to avoid life-changing injuries.